

# GROEPSLESSEN VC BRABANT JANUARI 2025

	Core Training	Circuit Training	Total BodyFit	Benen, Billen, Buik	Spinning
	week 49	week 49	week 49	week 49	week 49
wo 1 jan	<b>Nieuwjaarsdag gesloten</b>	<b>Nieuwjaarsdag gesloten</b>	<b>Nieuwjaarsdag gesloten</b>	<b>Nieuwjaarsdag gesloten</b>	<b>Nieuwjaarsdag gesloten</b>
do 2 jan				09:30-10:00	10:30-11:15
vr 3 jan		08:45-09:15 09:15-09:45 09:45-10:15			
	week 50	week 50	week 50	week 50	week 50
ma 6 jan	09:15-09:30				18:30-19:15 19:30-20:15
di 7 jan	09:30-09:45	20:00-20:30			10:30-11:15 18:45-19:30
wo 8 jan		09:00-09:30 09:30-10:00	18:00-19:00		19:15-20:00 20:15-21:00
do 9 jan				09:30-10:00	10:30-11:15
vr 10 jan		08:45-09:15 09:15-09:45 09:45-10:15			
	week 51	week 51	week 51	week 51	week 51
ma 13 jan	09:15-09:30				18:30-19:15 19:30-20:15
di 14 jan	09:30-09:45	20:00-20:30			10:30-11:15 18:45-19:30
wo 15 jan		09:00-09:30 09:30-10:00	18:00-19:00		19:15-20:00 20:15-21:00
do 16 jan				09:30-10:00	10:30-11:15
vr 17 jan		08:45-09:15 09:15-09:45 09:45-10:15			
	week 52	week 52	week 52	week 52	week 52
ma 20 jan	09:15-09:30				18:30-19:15 19:30-20:15
di 21 jan	09:30-09:45	20:00-20:30			10:30-11:15 18:45-19:30
wo 22 jan		09:00-09:30 09			
do 23 jan				09:30-10:00	10:30-11:15
vr 24 jan		08:45-09:15 09:15-09:45 09:45-10:15			
	week 01	week 01	week 01	week 01	week 01
ma 26 jan	09:15-09:30				18:30-19:15 19:30-20:15
di 27 jan	09:30-09:45	20:00-20:30			10:30-11:15 18:45-19:30
wo 28 jan		09:00-09:30 09:30-10:00	18:00-19:00		19:15-20:00 20:15-21:00
do 29 jan				09:30-10:00	10:30-11:15
vr 30 jan		08:45-09:15 09:15-09:45 09:45-10:15			